

Since 1984

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**NASEER**  
LABORATORIES

# Libicon-X<sup>®</sup>

CAPSULES

A Natural  
Product for  
**Male  
Weakness**



Supplement for  
Men's Health

SPECIALLY DEVELOPED FOR

- ✓ Impotence
- ✓ Stamina
- ✓ Erectile dysfunction
- ✓ Premature ejaculation
- ✓ Hypogonadism
- ✓ Oligospermia
- ✓ Oligoasthenospermia

MRP Rs. 1200/-



30  
CAPSULES

# Libicon-X<sup>®</sup>

CAPSULES

## A Natural Supplement for Male Weakness and Health

**Libicon-X<sup>®</sup>** is a combination of highly effective and safe natural compounds. It contains specific ingredients in an appropriate quantity to ensure the enhancement of male sexual performance.

**Libicon-X<sup>®</sup>** contains extract of Tribulus terrestris, Withania somnifera and Ginseng which are used for a wide range of male sexual health disorders.

**Libicon-X<sup>®</sup>** also contains Zinc, Magnesium, Vitamin C and Vitamin E. **Libicon-X<sup>®</sup>** is effective and safe treatment of common male sexual health problems.

### COMPOSITION

**Libicon-X<sup>®</sup>** is available for oral administration as capsules.

Each capsule contains:

<b>Tribulus terrestris IP</b>	<b>200mg</b>
<b>Withania somnifera USP</b>	<b>90mg</b>
<b>Ginseng Ext. USP</b>	<b>50mg</b>
<b>Zinc Gluconate USP</b>	<b>20mg</b>
<b>Vitamin E USP</b>	<b>90mg</b>
<b>Vitamin C USP</b>	<b>10mg</b>
<b>Magnesium Gluconate USP</b>	<b>5mg</b>

#### Tribulus terrestris

Tribulus terrestris is a natural substance. Its active components are saponins and protodioscin. The structural formula of protodioscin is (2:1), 26-O-beta- 1-glucopiranosil, 22-hydroxifurost-5-en-3-beta, 26-diol, 3-O-beta-diglucomannoside.

#### Pharmacological effects and mode of action

Tribulus terrestris enhances endogenous testosterone levels through the increase in luteinizing hormone (LH).

Tribulus terrestris in recommended dose leads to elevated testosterone levels within approximately sixty minutes after dosing. Tribulus terrestris peak levels are achieved in three to four hours post dosing.

Clinical studies have shown that Tribulus terrestris increases endogenous testosterone production levels by 30% or more in five days.

Regular use of Tribulus terrestris:

- Increases the number of spermatogonia, spermatocytes & spermatids
- Intensifies the spermatogenesis
- Improves the sperm quality
- Enhances the sperm motility
- Increases percentage of actively mobile spermatozoa
- Prolongs sperm viability

#### Pharmacokinetics

The active substance protodioscin is shown to be rapidly eliminated from the plasma, since its concentration is almost insignificant after 180 minutes. 12% - 14% of the compound is being excreted with bile, whereas urinary excretion is about 6% - 7%. Following the oral administration, no measurable concentration of any unaltered protodioscin was found in urine after 24 hours.

The hepatic route is the preferred route of excretion of unchanged protodioscin.

#### Withania somnifera

The pharmacological effects of the roots of Withania somnifera are attributed to the presence of withanolides, a group of steroidal lactones. This plant is commonly used in formulations for its wide range of health benefits.

Withania somnifera is known to enhance the sex lives of men. Withania somnifera is an adaptogen, that is, it strengthens the adrenal glands and improves our fight-or-flight reactions.

It improves the production of nitric oxide and as a result, the blood vessels that carry blood to the genitals are dilated. This causes an increase in sexual desire and satisfaction.

It is the treatment for loss of libido and even for erectile dysfunction. Withania Somnifera raises the levels of testosterone significantly and the optimum levels of testosterone results in body's proper sexual functioning.

#### Ginseng

Ginseng is a promising agent to improve general well-being. It is an aphrodisiac, and is used to treat sexual dysfunction as well as to enhance sexual behavior, libido, and copulatory performances. Ginseng is found to improve the sperm quality and count.

#### Zinc

Zinc is essential for normal body functions. The highest concentrations of zinc are in the prostate gland and sperm. It plays an important role in sperm maturation and fertility regulation.

Zinc supplementation raises testosterone levels and also increases fertility. For men with low semen zinc levels, zinc supplements for at least several months may increase both sperm counts and fertility.

#### Magnesium

Magnesium helps in returning testosterone levels to normal if the cause of the decrease is a deficiency. Taking supplements for at least 1 month increased testosterone in all people.

#### Vitamin E

Vitamin E is often labeled anti-sterility vitamin as it is essential to regulate reproductive function in both men and women. Clinical research and experience suggest that its supplementation improves fertility in men.

## Vitamin C

For erectile dysfunction, vitamin C with bioflavonoids helps to increase blood flow to the erectile tissues, improving the ability to maintain an erection, and is a highly effective antioxidant. Vitamin C also boosts nitric oxide (NO) production and prevents NO breakdown, so that penile blood vessels dilate readily.

## INDICATIONS

**Libicon-X<sup>®</sup>** capsules are effective and safe for the treatment of following indications, when used regularly according to the recommended dosage and duration.

- Low sex drive
- Decreased libido
- Premature ejaculation
- Impotence
- Weak erection or difficulty to maintain erection
- Sexual asthenia / weakness / decreased stamina
- Low sex drive due to stress, overwork, fatigue, mental tension
- Decreased libido due to aging
- Andropause or aging effects on sexual behavior
- General male health vitality

Male infertility disorders due to

- Oligospermia
- Oligoasthenospermia
- Hypogonadotropic hypogonadism
- Hypogonadism
- LH / Testosterone deficiency disorders

## DO dosage & ADMINISTRATION

Unless otherwise advised by the doctor, recommended dosage of **Libicon-X<sup>®</sup>** is 1 to 2 capsules once or twice daily with meals for at least 4-12 weeks.

The dosage and duration of treatment may be adjusted according to the characteristics and severity of the problem. For better and effective results **Libicon-X<sup>®</sup>** capsules must be used regularly without missing a dose. After completion of the recommended duration, a maintenance therapy at a dose of 1-2 capsules per day for another 2-4 weeks must be followed for better compliance. Prolonged use of **Libicon-X<sup>®</sup>** does not cause any harmful side effects.

In cases of male infertility due to oligospermia, **Libicon-X<sup>®</sup>** should be regularly used for at least 12 weeks or more. To confirm the improvement in sperm count and motility, a sperm / semen test should be followed after completion of course since normal sperm takes 72 days to become mature and motile. In such patients the therapy should be continued till the time the spouse achieves conception.

For males who are smokers, over worked, overstressed or have crossed 35 years of age, the maintenance therapy may be extended to longer periods for better results and improved quality of sexual health and endurance. In case the patient is a diabetic, prolonged duration of maintenance therapy would be beneficial to maintain better health and wellbeing and significant improvement in daily life and work performance.

## CONTRAINDICATIONS

**Libicon-X<sup>®</sup>** is contraindicated in patients with possible or known hypersensitivity to any of its ingredients.

## ADVERSE REACTIONS

None have been observed so far. Clinical trials and experience have reported a very good tolerance and an absence of any adverse reactions.

## SPECIAL INSTRUCTIONS

To achieve desired therapeutic results, it is important to follow the recommended dosage and duration of treatment or as advised by the doctor. Regular use of **Libicon-X<sup>®</sup>** without missing a dose should be considered important. Irregular or interrupted use can lead to decreased treatment success and failure to achieve the desired results.

## OVERDOSE

No evidence of any acute, sub-chronic or chronic toxicity has been established whatsoever. There is no evidence of any carcinogenic, teratogenic and/or embryo-toxic effect either. No symptoms of overdose and or toxicity have been observed during the clinical trials.

## STORAGE CONDITIONS

- Store below 30° C.
- Protect from sunlight and moisture.
- Keep out of reach of children.

## HOW SUPPLIED

**Libicon-X<sup>®</sup>** capsules are available in blister pack of 3 x 10's.

# لیبیکون-X سیہیلا مختصر تعارف

کے فوائد صرف مردانہ جنسی اعضاء تک محدود نہیں بلکہ یہ جسم کے مختلف نظاموں پر اپنے شفا بخش اثرات مرتب کرتا ہے۔ کسی خاص عمر کے لئے مخصوص نہیں، جوانوں سے لے کر ۷۰، ۸۰ برس کی عمر تک کے لوگ اس سے فائدہ اٹھا سکتے ہیں۔ نقصان دہ اجزاء، ہیکٹیل اور نشیات وغیرہ سے پاک ہے۔ اس لئے اسکو زیادہ استعمال کرنے سے کسی قسم کی کوئی عادت نہیں پڑتی اور نہ ہی جسم کو کوئی نقصان پہنچتا ہے۔ مزاج اور تاثیر کے اعتبار سے معتدل ہے۔ یعنی تو گرم ہے اور نہ ہی سرد، اس لئے اس کو ہر موسم میں بلا خوف و خطر استعمال کیا جاسکتا ہے۔

لیبیکون-X  
لیبیکون-X  
لیبیکون-X  
لیبیکون-X  
لیبیکون-X

درج ذیل علامات کے لئے خاص طور پر بنایا گیا ہے:

مردانہ ہارمون کی کمی  
مردانہ صلاحیت  
مردانہ بانجھ پن - سختی میں کمی  
سرعت انزال  
مردی  
منی میں کمی  
منی کی کمزوری  
کامیاب ازدواجی تعلقات کے لئے

## اجزاء کے مختصر خواص

لیبیکون-X

میں ٹریبولوس ٹریسٹریس، ودھانیا سونی فیرا، جنسنگ، زنک، میگنیشیم، وٹامن "سی" اور وٹامن "ای" شامل ہیں۔

ٹریبولوس ٹریسٹریس: سے اسپرم کی مقدار، صحت، توانائی اور بالیدگی بہتر ہوتی چلی جاتی ہے۔

ودھانیا سونی فیرا: سے جنسی خواہش اور لطف بڑھ جاتا ہے۔

جنسنگ: جنسی خواہش، دورانہیے اور کارکردگی کو بہتر کرتا ہے۔

زنک: سے اسپرم کی صحت بہتر ہوتی ہے۔

وٹامن "ای": افزائش کو بہتر کرتا ہے۔

وٹامن "سی": مردوں کے جنسی اعضاء میں دورانہیے کو بہتر کرتا ہے۔

میگنیشیم: ٹیسٹوسٹیرون کے لیول کو بہتر کرتا ہے۔

کے ایک سے دو کپسول دن میں ایک سے دو مرتبہ کھانے کے ساتھ چار سے بارہ ہفتوں تک استعمال کرنا چاہیے۔ خوراک میں باقاعدگی اور نائزہ کرنا ضروری ہے۔

لیبیکون-X

نیوٹراسیوٹیکل پراڈکٹ۔ یہ پراڈکٹ کسی بیماری کے علاج کیلئے نہیں ہے۔ (متبادل دوا)

Nutraceutical Product - not for treatment of any disease. (Non Drug / Alternative Medicine)

DRAP Product Enlistment  
# 0091840274

Manufactured by:

**GREEK TEC**  
NUTRACEUTICAL  
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ISO9001:2015QMS + HACCP Certified Company



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Since 1984



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